



AGE BETTER
IN SHEFFIELD

Our co-production story

South
Yorkshire
Housing
Association



COME
HOME

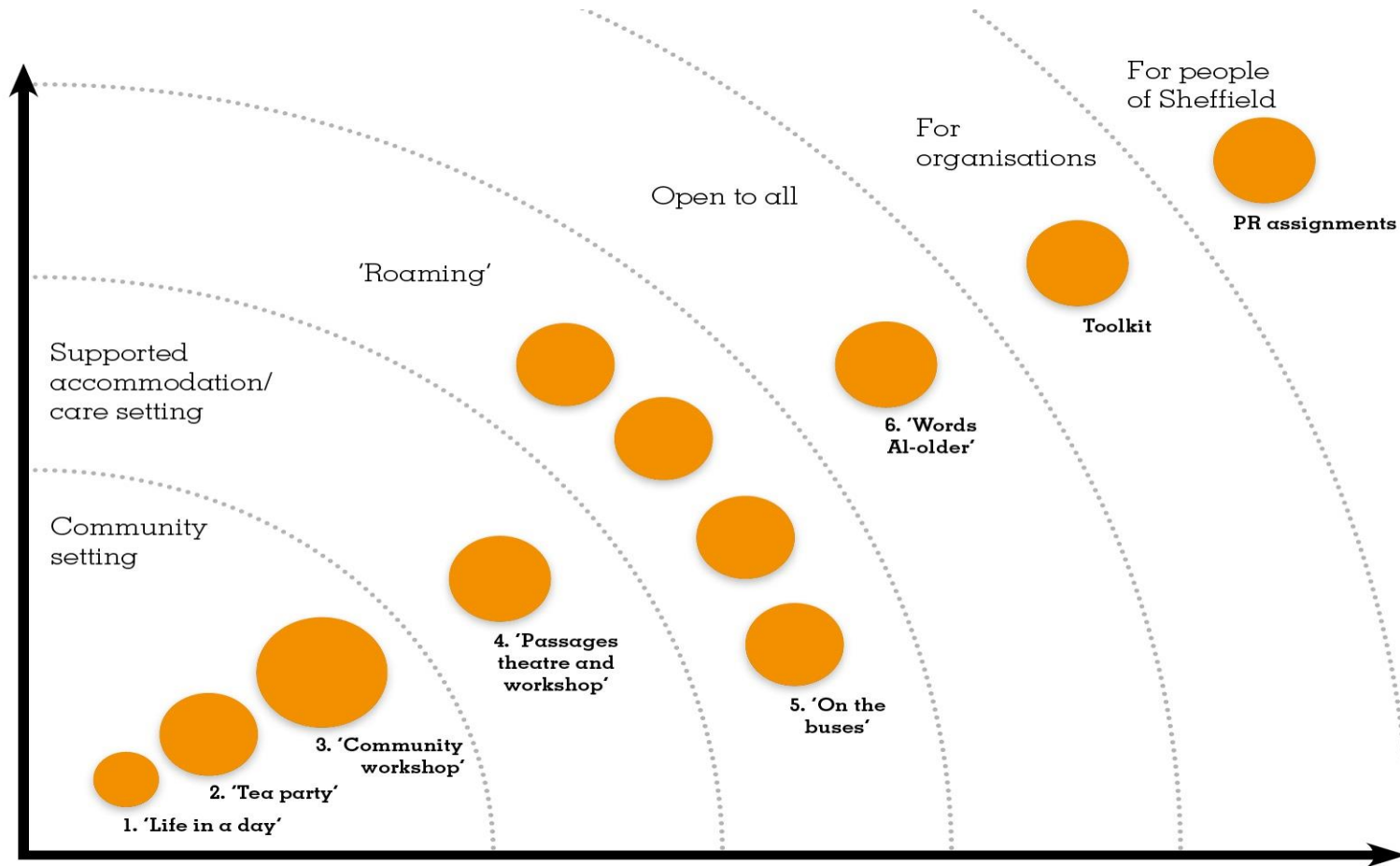
Co-production with every step

- Co-designed
- Co-commissioned
- Co-delivered
- Co-evaluated

Underpinned by the 5 Ways to Wellbeing

Co-designed

Creative approach to co-design



Community Workshop



"I don't see anyone... apart from the postman, and my GP. Oh yes there's the bus driver too...Yes, we've got a warden.."

"If I was allowed a dog, I'd be fit as a fiddle, I'd be happy as Larry"

"Put on all the lunch clubs you want, if there's nobody to encourage me to go, it's

On the buses



*“There’s not enough
community transport”*

*“Luncheon clubs are hard to
get in to”*

Growing Old Disgracefully



Creating sustainable, social movements to tackle the issue



Co-commissioned

All our investments relate to our co-design work



**“You get to retirement
and some people say,
that’s it, I’m sitting in my
armchair and watching
the TV now. But I don’t
want to be like that.”**

**Alan, aged 70, Core
Partnership volunteer**



Co-delivered





KNOWLEDGE

FINAL STEP

FIRST STEP

1. IDENTIFY THE PROBLEM
2. ANALYZE THE PROBLEM
3. IDENTIFY THE CAUSE

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Other

FIRST STEP

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FINAL STEP

Our Partners already work with older people

LIVING STREETS

PUTTING PEOPLE FIRST



voluntary action sheffield

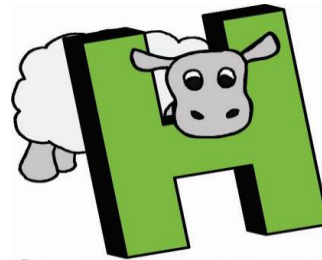


SOAR

Supporting people to
make positive changes

**Alzheimer's
Society**

Leading the
fight against
dementia



Charity No. 1111482
Heeley City FARM



Supporting community regeneration



ROYAL
VOLUNTARY
SERVICE

Together for older people



**MANOR&CASTLE
DEVELOPMENT TRUST**
together we make the difference

Co-evaluated

Peer Researchers

- Peer researchers - all aged 50+.
- Design and conduct interviews with ABiS participants and volunteers with the aim of finding out more about;
 - Their ABiS experience
 - How they got involved.
 - What's gone well/ needs improvement.
 - What they hope to gain from their involvement.
 - Their perceptions of ageing in Sheffield.
- The interviews are recorded, transcribed and form part of the ABiS evaluation report.



Peer Researchers story so far

Year 1- **4** active peer researchers- **147** hours volunteered.

Year 2- **7** active peer researchers- **203** hours volunteered.

Peer researchers work in pairs-

Year 2- **20** interviews completed (**3** more planned).

The interviews inform our local evaluation delivered by CRESR at Sheffield Hallam University



Still finding new ways to listen &
tell stories...

Performers Wanted

This is a call-out for young performers, and older performers - especially older LGBT performers - to attend a two-day workshop on the 4th and 5th of October. No previous acting experience is needed. Please email: joe@thebareproject.org to let us know if you are interested!

Cardboard Citizens are working with SYHA Age Better to create a show about life as young person, as remembered by older people. It will be a verbatim show, retelling the stories shared to us by older residents of Sheffield and will be performed on the 27th-28th October at Theatre Delicatessen. Rehearsals will take place between the 9th-27th October- we will factor in the availability of the performers, however, good availability over that time is necessary.

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Thank you.

We'd love to hear your co-production story!